ACTIVE EVINTER/SPRING 2019

VILLAGE OF KEY BISCAYNE COMMUNITY CENTER



Fun for All!

No matter your age, ability or activity level, we have a program for you!

Information for Residents

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Village Officials and Staff

Mayor Michael Davey
Vice Mayor Allison McCormick
Councilmember Luis Lauredo
Councilmember Edward London
Councilmember Brett Moss
Councilmember Katie Petros
Councilmember Ignacio Segurola
Village Manager
Andrea Agha
Director of Parks and Recreation
Todd Hofferberth
Community Center Manager & Asst.
Director of Parks and Recreation
Ana J. Colls

PARTY PACKAGES AND ISLAND ROOM RENTALS

Planning a party or special event? The Community Center offers a variety of party packages for groups of up to 30 people. Choose from our Basic Party Package; Arts and Crafts Package; Pool Party Package; or the Face-Painting and Balloon Art Party Package.

We also have facilities to accommodate adult parties, meetings and other special events. The Island Room (also known as the Multi-Purpose Room) on the second floor can accommodate up to 150 guests, offers small and large rooms, as well as a warming kitchen.

For more information or to schedule your next event, please visit or call the Community Center's front desk at 305-365-8900.

BEACH PARK ACCESS CARDS

The Village of Key Biscayne's Beach Park, a resident's only facility, requires an access card to enter the park. The access cards are available to Key Biscayne residents only. For additional information please call 305-365-8900.

To Obtain a Card: Beach Park access card applications are available online or at the front desk. Please allow 2-3 business days for new cards to be activated.

Proof of Residency: Proof of residency is required when applying for a beach access card. A photo ID plus one of the following is acceptable as proof of residency:

Current vehicle registration certificate
Copy of current real property tax bill or deed
Certificate or letter from the Internal Revenue Service
Current utility bill

Tenants must bring an annual lease

Cards per Household: There is a limit of two (2) access cards per household and proof of residency is required for each card issued. A one-person household may only receive one access card.

Fees: There is no fee for the first access card(s). There is a replacement card fee of \$8.00 to de-activate the lost or stolen card and re-issue a new device.

PASSPORT SERVICES

The Village of Key Biscayne is a certified acceptance facility for U.S. passport applications. As a courtesy to our residents, this service is offered by the Parks and Recreation Department at the Community Center, located at 10 Village Green Way, second floor. Rules, downloadable forms, fees, travel advisories and other information are available at the U.S. State Department passport web page. For additional information or to make an appointment, call 305-365-8953. Passport processing also is available at the U.S. Post Office located in the L'Esplanade Shopping Center at 951 Crandon Boulevard. For more information, call 305-ASK-USPS.

Days *Monday to Friday*Hours 9:30 a.m.-4:00 p.m.

Note: Appointments are required.



FREE ON-ISLAND TRANSPORTATION FOR SENIORS

The Village of Key Biscayne offers free, local island transportation to pre-registered senior residents of Key Biscayne. Seniors must be 60 years of age or older, full- or part-time residents of Key Biscayne and pre-registered with Roxy Lohuis-Tejeda, Senior and Adult Programs Coordinator. Exceptions will be made for home health aides, nurses and other qualified personnel caring and assisting the registered user. This service is provided on Tuesdays, Wednesdays and Thursdays between 9:00 a.m. and 3:00 p.m. All passengers must be ready and waiting for pick up. The driver will wait only five minutes. Please call 305-365-8953 for more information or to make a reservation.

Message from the Village Manager



COMMUNITY CENTER HOURS

General Hours of Operation

Monday - Friday 6:00 a.m. to 10:00 p.m. Saturday and Sunday 8:00 a.m. to 8:00 p.m.

Pool Hours

(unless otherwise posted for classes and special programs)

Monday - Friday 6:15 a.m. to 8:45 p.m.
Saturday and Sunday 8:15 a.m. to 7:45 p.m.
Swim lanes are always available but may be limited for a class or special program.

Teen Room/Game Room

Monday - Friday 3:00 p.m. to 10:00 p.m. Saturday and Sunday 10:00 a.m. to 8:00 p.m.

Indoor Playground

(children under age 10 must be supervised by an adult)

Monday - Friday 9:00 a.m. to 2:00 p.m.

(for children under the age of 6)

2:00 p.m. to 8:00 p.m.

Saturday and Sunday 9:00 a.m. to 8:00 p.m.

Access may be limited during special events or parties.

Computer Lab

Monday - Friday 9:30 a.m. to 3:00 p.m. - Adults Only

3:00 p.m. to 8:00 p.m. - All Ages

Saturday and Sunday Available upon request

Gymnasium

The gym is available for basketball during all general hours of operation. Courts will generally be programmed in the afternoons after 3:00 p.m.

Adult Basketball

Saturday 10:00 a.m. to 12:00 noon

(ages 35 and up)

Proud to Serve You

Dear Islanders:

I remember biking as a child all the way from my home near SW 80th Street and Red Road over the Rickenbacker Causeway and onto Key Biscayne. I have always loved the beauty of the beaches and parks here, and that's why I'm so excited to have been selected as your Village Manager.

Since I started in August, I've been getting to know Key Biscayne as an adult with a kid's enthusiasm. I've explored on bike and foot, and so far I've learned that this is an engaged, inspired, and innovative community. We have big ideas here and my goal is to see them come to fruition.



Andrea Agha Village Manager

First, I want to see the Village progress, and at the same

time, protect its proud past. As such, I will continue the Council-Manager form of government Key Biscayne was founded on, in which the Council sets policy and the Manager and staff implement it. I'm excited by the fact that the Village already has an experienced and talented team in place. I have tremendous respect for their knowledge and professional opinions.

Second, I believe public outreach and effective communication with residents is essential when embarking on transformative projects. I strongly encourage residents to share ideas and insights, criticisms and concerns with me. I have an open-door policy and am ready to listen.

Key Biscayne is an absolute treasure. Working together, we can keep it that way. I will get everything done that I can with my heart, with my mind and with the support of our amazing staff. I'm grateful for this opportunity. I will not let you down.

Andrea Agha Village Manager



Photo courtesy of Kiko Ricote, www.kikor.com

Membership Information

Be an Active Islander – Join the Key Biscayne Community Center! Just follow these easy steps:



Complete the Community Center membership application

Forms are available at the front desk by calling 305-365-8900 or online at www.activeislander.org.



Show proof of residency

Proof of residency is required when applying for membership. A photo ID plus one of the following is acceptable as proof of residency: current vehicle registration certificate; copy of current real property tax bill or deed; certificate or letter from the Internal Revenue Service; current utility bill; tenants must bring a current lease; a yearly lease is required for an annual membership.



Pay the membership fee*

Membership can be paid by cash, check or credit card. Checks should be made payable to the Village of Key Biscayne.

Membership Categories

Category	Daily Resident	Daily Guest	Monthly	Yearly
Adults	\$9	\$13	\$55	\$300
Youth (10-18)	\$6	\$9	\$22	\$130
Senior (65+)	\$6	\$9	\$30	\$200
Student (19-25)	\$7	\$10	\$35	\$220
Couple	N/A	N/A	\$85	\$385
Senior Couple (both 65+)	N/A	N/A	\$50	\$300
Family (4 members)	N/A	N/A	\$110	\$525

^{*}Note: Membership fees are subject to change.

Membership Category Descriptions

Adults—An adult membership is available to residents between the ages of 19 and 64, unless they are 25 or younger and currently enrolled in school.

Youth—A youth membership is available to any resident between the ages of 10 and 18.

Senior—A senior membership is available to any resident who is 65 or older.

Student—Any resident who is between the ages of 19 and 25 can apply for the student membership with proof of current school enrollment.

Couple—Any two individuals who reside at the same address may join as a couple. This would include one child and one adult or two adults.

Senior Couple—To qualify for a senior couple membership, both individuals must be 65 or older. If only one individual is over 65, the couple membership would apply.

Family—A family consists of up to four individuals, including no more than two adults who reside together. Families with more than four individuals may add additional family members at 50 percent off. Therefore, a family of five may add a third child for \$65.

Cancellation/Refund Policy

It's our goal to ensure that you enjoy our recreation programs. Therefore, if you are not completely satisfied with a class or program or are unable to participate for medical reasons, please contact us immediately. Credits or refunds will be considered for anyone who makes a request before the start of the second class or program. Requests received after the start of the second class or program may entitle the participant to a prorated refund. No refund or credit requests will be considered after an activity or program has concluded. Certain Trips and Tours may be transferable but non-refundable (please check with the Front Desk). Group Exercise Punch Passes are non-transferable and non-refundable. Community Center memberships are non-transferable and non-refundable.

Rules & Regulations

Key Biscayne Community Center Policies

- Membership in the Key Biscayne Community Center is limited to Key Biscayne residents and employees of the Village of Key Biscayne.
- Residents who are not yearly or monthly members may use all Community Center amenities by purchasing a daily membership.
 The cost of a daily membership may be applied to the purchase of an annual membership if purchased that day.
- Daily membership for residents is not required for limited access to the building.
- Members must scan their membership ID card when entering the building
- Children age 10 and older are allowed to enter the Community Center with their membership ID card.
- Children under the age of 10 must be accompanied by an adult (16 or older) or must be enrolled and attending a program to enter the Community Center.
- Access to the Wellness Center is restricted to members and guests ages 16 and older.
- There is no charge for a caregiver who accompanies a member, as long as the caregiver does not use the facility. The caregiver must stay with the member at all times.
- Village of Key Biscayne staff members are authorized to forbid access to the Community Center and request removal from the facility of any individual in the case of misconduct.

Code of Conduct

All participants in the Community Center are expected to behave in such a manner as not to disturb others using the facility. Please adhere to the following code of conduct in and around the building:

- No foul or abusive language
- . No fighting or rough play
- No glass containers
- · No tobacco products
- No pets
- No weapons
- No alcohol
- No bouncing basketballs outside the gymnasium
- Activity appropriate footwear required on gymnasium or dance floors
- Appropriate clothing required
- No running or bouncing balls in hallways, stairwells or near pool

Failure to follow this code of conduct could result in disciplinary action, including removal from the facility and/or suspension or cancellation of membership.

Guest Policy

- Guests must be accompanied by a resident who has purchased a yearly, monthly or daily membership.
- Guests must register at the front desk and must purchase a quest pass.
- Guest passes are non-refundable.
- A maximum of two guests per member can be brought per day, unless special arrangements are made in advance.

Toddler Room Drop-In Care Policies

- 1. Drop-in care is for children one to five years of age (no exceptions).
- 2. Parents must sign in their child.
- 3. Punch Passes must be purchased at the front desk.

Member pass for 10 hours: \$70 Member pass per hour: \$7 Non-member one-hour pass: \$10

- **4.** Drop-in care is on a first-come, first-serve basis.
- **5.** There is an eight-to-one and a 15-to-two ratio: We reserve the right to reduce that limit if the number of younger children is too high.
- **6.** There is a two-hour maximum time slot for each child (no exceptions).
- 7. Parents or guardians are responsible for all diaper changes.
- **8.** Parents must be in the Key Biscayne Community Center while their child is in childcare
- 9. Sick children will be denied entry to the drop-in program.
- **10.** If a child is acting in an inappropriate or disrespectful manner, the parents will be called to remove the child.

Toddler Room Drop-In Care Hours of Operation

Monday - Friday 8:00 a.m.-12:00 noon

4:00 p.m.-8:00 p.m.

Saturday and Sunday Closed

- A guest may attend the Community Center a maximum of 12 times per calendar year.
- A guest may register for a class or activity provided space is available the day of the class.
- Members are responsible for the conduct of their guests, including supervision of children. Members will be responsible for any damage to equipment or facilities caused by their guests.
- A member who brings a guest who is disruptive and/or breaks the code of conduct may be subject to losing any and all privileges.

Refund Policy

It's our goal to ensure that you enjoy our recreation programs. Therefore, if you are not completely satisfied with a class or program or are unable to participate for medical reasons, please contact us immediately. Credits or refunds will be considered for anyone who makes a request before the start of the second class or program. Requests received after the start of the second class or program may entitle the participant to a prorated refund. No refund or credit requests will be considered after an activity or program has concluded. Certain Trips and Tours may be transferable but non-refundable (please check with the Front Desk). Group Exercise Punch Passes are non-transferable and non-refundable. Community Center memberships are non-transferable and non-refundable.

ADA Policy

The Village of Key Biscayne gladly complies with the provisions of the Americans with Disabilities Act. Persons needing reasonable accommodation to attend or participate in any program may call 305-365-8900. Please allow two weeks prior to the activity or need of assistance to accommodate the request.

Instructor









ARTS & CRAFTS

Art Lab for Toddlers (ages 18 months-3 years)

Children will be encouraged to develop their natural potential, curiosity and interest. Toddlers will be introduced to a variety of art materials: paint, clay, paper, wire, fabrics and much more. By exploring these materials, children will learn their endless possibilities while having fun creating experimental art pieces. Limit of 15 students per class. Class fee includes all materials and take-home projects. For more information, please contact YupiAtPlay@gmail.com.

Yupi Instructor

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Days Time	Tuesdays 10:30-11:15 a.m.
Session 2 Session 3	January 15-February 26 (7 weeks) March 5-April 16 (6 weeks; no class March 26) April 23-May 28 (6 weeks)
Days Time	Thursdays 4:00-4:45 p.m.
Session 2 Session 3	January 17-February 28 (7 weeks) March 7-April 18 (6 weeks; no class March 28) April 25-May 30 (6 weeks)
Member Fee Non-Member Fee	\$175 (Session 1) \$150 (Session 2 & 3) \$210 (Session 1) \$180 (Session 2 & 3)

Art Lab for Pre-Schoolers (ages 3-5 years)

Children will embark on an art adventure through the exploration of different techniques like collage, painting, print-making, mosaic, sculpture and drawing. Paint, clay, paper, wire and fabrics are some of the materials that will be used to create art pieces. Session includes individual as well as group projects in an environment that encourages curiosity, imagination, problem solving and creativity. Children will be inspired to begin their own artistic journey. Limit of 15 students per class. Class fee includes all materials and take-home projects. For more information, please contact YupiAtPlay@gmail.com.

Instructor	Yupi Instructor
Days Time	Tuesdays 5:00-6:00 p.m.
Session 1 Session 2 Session 3	January 15-February 26 (7 weeks) March 5-April 16 (6 weeks; no class March 26) April 23-May 28 (6 weeks)
Days Time	Thursdays 5:00-6:00 p.m.
Session 1 Session 2 Session 3	January 17-February 28 (7 weeks) March 7-April 18 (6 weeks; no class March 28) April 25-May 30 (6 weeks)
Member Fee	\$210 (Session 1) \$180 (Session 2 & 3)
Non-Member Fee	\$252 (Session 1) \$216 (Session 2 & 3)

WEEKLY CLASS SCHED	ULE		
MONDAY	TUESDAY	WEDNESDAY	THURSDAY
4:30 p.m.	10:30 a.m.	4:00 p.m.	4:00 p.m.
Art Studio	Art Lab	Clay Studio	Art Lab
ages 5-8 years	<i>ages 18 mos-3 years</i>	ages 6-12 years	ages 18 mos-3 years
6:00 p.m.	5:00 p.m.		5:00 p.m.
Art Studio	Art Lab		Art Lab
ages 8-12 years	<i>ages 3-5 years</i>		ages 3-5 years

Art Studio for Kids (ages 5-8 years)

Children will learn about the most influential art movements and artists in history, and also participate in hands-on projects by exploring artists like Picasso and Van Gogh. Through drawing, painting, collage, printmaking, sculpture and other materials and techniques, children will develop skills while working from still-life and imagination. Students will also explore a variety of media, including charcoal, paint, ink, clay and more. Limit of 15 students per class. Class fee includes a sketchbook, all materials and take-home projects. For more information, please contact Laura@LauraVillarreal.com.

Days	Mondays
Time	4:30-5:45 p.m.
Instructor	Laura Villarreal
Session 1	January 14-February 25 (5 weeks;
	no class Jan. 21 or Feb. 18)
Session 2	March 4-April 8 (5 weeks;
	no class March 25)
Session 3	April 15-May 20 (6 weeks)
Member Fee	\$200 (Session 1 & 2)
	\$240 (Session 3)
Non-Member Fee	\$240 (Session 1 & 2)
	\$288 (Session 3)

Art Studio for Kids (ages 8-12 years)

Students will enjoy an in-depth artistic experience through the exploration of art history, the elements of art and the principles of design. Students will use their creativity to build their own art pieces through drawing, painting and sculpture. Limit of 15 students per class. Class fee includes a sketchbook, all materials and take-home projects. For more information, please contact Laura@LauraVillarreal.com.

Days	Mondays	
Time	6:00-7:15 p.m.	
Instructor	Laura Villarreal	
Session 1	January 14-February 25 (5 weeks;	
	no class Jan. 21 or Feb. 18)	
Session 2	March 4-April 8 (5 weeks;	
	no class March 25)	
Session 3	April 15-May 20 (6 weeks)	
Member Fee	\$200 (Session 1 & 2)	
	\$240 (Session 3)	
Non-Member Fee	\$240 (Session 1 & 2)	

\$288 (Session 3)

Clay Studio (ages 6-12 years)

Children will be introduced to the magic of clay, a raw material used by ancient cultures in different periods of human expression. Through the use of clay, students will explore a variety of hand-building, texturing, glazing and firing methods for stoneware clay. They will become aware of the nuances of shaping clay with their hands and learn how to create 3-dimensional forms through experimentation of this ancestral material. Limit of 15 students per class. Class includes all materials and take-home projects. For more information, please contact Laura@LauraVillarreal.com.

Days	Wednesdays	
Time	4:00-5:00 p.m.	
Instructor	Guadalupe Lopez Reyna	
Session 1	January 16-February 27 (7 weeks)	
Session 2	March 6-April 24 (7 weeks;	
	no class March 27)	
Session 3	May 1-29 (5 weeks)	
Member Fee	\$245 (Session 1 & 2)	
	\$175 (Session 3)	
Non-Member Fee	\$294 (Session 1 &2)	
	\$210 (Session 3)	







BABY AND TODDLER

Mommy and Me

A multi-sensory bilingual program created for little ones and their loving parent or caregiver. The class offers developmentally appropriate experiences through discovery and exploration while playing with non-conventional materials such as feathers, cardboard and fabrics among others. Each class includes a circle time with stories, songs and puppetry. The program promotes social, emotional, cognitive and physical growth with no formulas to follow just lots of time to giggle and grow. Limit of 15 students per class. For more information, please contact YupiAtPlay@gmail.com.

Ages 8 months-3 years

Days Wednesdays and Fridays

Time 9:30-10:30 a.m.

Location Game Room Instructor Yupi Instructor

Session 1 January 16-March 1 (7 weeks)

Session 2 March 6-April 19 (6 weeks; no class March 27 or 29)

Session 3 April 24-May 31 (6 weeks)

Member Fee \$175 (1x/week) or \$308 (2x/week) – Session 1

150 (1x/week) or 265 (2x/week) – Session 2 & 3

Non-Member Fee \$210 (1x/week) or \$369 (2x/week) – Session 1

180 (1x/week) or 317 (2x/week) – Session 2 & 3



Give your child the gift of music! This program provides an opportunity for young children to experience, explore and create music in a relaxed and playful environment. Classes meet once a week for 45 minutes and allow students to sing, chant, move, dance and jam! Participants must register per day or for the entire session.

Ages 1 year and up

Days Mondays

Time 10:00-10:45 a.m.

Location Game Room

Instructor KMM Instructor

Session 1 January 7-February 11 (5 weeks; no class Jan. 21 or Feb. 18)

Session 2 February 25-April 1 (5 weeks; no class March 25)

Session 3 April 8-May 6 (5 weeks)

Session 4 May 13-June 3 (3 weeks pro-rated; no class May 27)

Member Fee\$113/session or \$25/classNon-Member Fee\$137/session or \$30/class







MUSIC & PERFORMING ARTS

Ultimate Guitar

This class is designed for young guitar players who are just discovering their love of the instrument or are already at an intermediate level. Taught using a highly effective curriculum, this class uses a multi-style approach, which focuses on correct technique and music reading. Children will have fun in a relaxed environment where they can play their favorite songs. Please bring your own guitar. Sessions are 5 weeks long. Make-up classes will be offered for classes that land on a Monday holiday.

Ages	8 years and up
Location	Island Room
Instructor	Angeles Padilla

Member Fee \$119 Non-Member Fee \$143

Monday Classes

Time 6:00-7:00 p.m. (Int/Adv)

Session 1January 7-February 4Session 2February 11-March 11Session 3March 18-April 22

(no class March 25)

Session 4 April 29-June 3 (pro-rated)

Wednesday Classes

 Time
 2:30-3:30 p.m. (Beginner)

 Time
 3:30-4:30 p.m. (Intermediate)

Session 1 January 9-February 6
Session 2 February 13-March 13
Session 3 March 20-April 24
(no class March 27)

Session 4 May 1-June 5 (pro-rated)





KB STRINGS ORCHESTRA

KB Strings offers a Suzuki Fusion String Ensemble Method with the best practices of classical string techniques. Group lessons and rehearsals are fun and exciting with this strings program. Choose from violin, viola, cello or bass. Previous experience and/or audition are required for placement in the Advanced String Ensemble. Instrumental private lessons are recommended and available. For more information, please visit www.KBStrings.MyMusicStaff.com or call Samantha at 305-407-4128.

Advanced String Ensemble

Ages 6 years and up (by audition only)

DaysThursdaysTime7:00-8:00 p.m.LocationIsland RoomInstructorKB Strings Instructor

Session January 10-June 6

(no class March 28 or April 25)

Member Fee \$600 Non-Member Fee \$720 Payment Policy: Students may attend group classes with approval from Ali Larson. Interested musicians are allowed to sit in on one trial class without payment. If the student decides to register for the class, the trial class is included in the session tuition. Refunds will not be given after the session has begun. Reservation of a student's space in class will be confirmed by receipt of payment only. Tuition is paid per session only, however classes can be prorated with permission from Ali Larson.







Fashion Design and Sewing Workshops

Back to Basics helps children develop their own sense of style by teaching the basics of sewing by hand and with a sewing machine. Students will learn how to design their own clothing and cut fabrics to produce their own unique pieces. Instructors provide children the ability to be self sufficient, creative and confident, guiding them through their own individual creative process. All materials and take-home projects are included in workshop fee. Refunds or credits must be requested at least 24 hours in advance of each workshop. For more information, contact Monica Garcia Granados at MGarciaGranados@yahoo.com or 305-989-1869.

Attend any or all of these fun Saturday workshops:

- January 26: Paint your own design on a canvas and make a bag.
- Pebruary 23: Transform a T-shirt or sweatshirt into a trendy piece.
- March 9: Make a plushie, sew its clothes and dress them up.
- April 13: Embroider, decorate and sew a pillow.

Ages 6-16 years

Dates Saturdays: January 26, February 23, March 9 & April 13

Time 9:30 -11:30 a.m.
Location Arts & Crafts Room
Instructor Back to Basics

Member Fee \$60 each Non-Member Fee \$72 each

SPECIAL PROGRAMS

Homework Club

Catch up on class work or fine-tune your academic skills with this after school club.

Ages Grades 1-8

Days Mondays-Thursdays

Time After School Location Game Room

Member Fee Free
Non-Member Fee \$6 per day

Dodgeball Club

Have fun with this club for dodgeball fanatics.

Days Wednesdays

 Time
 2:30 p.m. (ages 5-7)

 Time
 3:00 p.m. (ages 8-12)

Location Gymnasium

Fee Every child pays \$5 per month

Jewelry Design

Create customized, stylish jewelry that's ready for you and your friends to wear! Choose from a huge selection of hot colors, textures and unique beads to make one-of-a-kind pieces. Judi Koslen has been sharing her jewelry-making expertise with Key Biscayners of all ages for decades and will gladly help you unleash your creativity. Basic materials are included in the class fee.

Ages 4 years and up

Days Mondays, Tuesdays and Thursdays

Time 3:00-6:00 p.m.
Location Second Floor Lobby

Instructor Judi Koslen

Session Ongoing

Member Fee \$10 per class
Non-Member Fee \$12 per class



Youth & Teen STEM Programs

ROBOTICS & CODING

Coding for Beginners & Intermediate

Coding enables us to create computer software, applications ("apps") and websites. Your browser, operating system (OS) and the apps on your phone are all made using code. Learning to code enables children to develop logical thinking and improve problem-solving skills. It also helps them understand computer technology in our automated world. Students will learn algorithms, binary code, debugging and functions. They will also become proficient using Scratch, a program used to make games, art and animated stories. Class is limited to 15 students. For questions, please visit www.RoboTecnica.Weebly.com or contact Ms. Valle at 305-799-6242.

Ages 6-10 years
Days Tuesdays
Time 4:00-5:00 p.m.
Location Computer Lab
Instructor Maria Teresa Valle
Session January 15-April 2

(no class Feb. 19 or March 26)

Member Fee \$180 (10 classes)
Non-Member Fee \$216 (10 classes)



Whether you are a beginner or an advanced robot builder, we'll teach you how to be an engineer by learning basics in programming, playing with LEGOS®, building sturdy robots and giving you more practice time. Class fee includes the cost of materials. Refunds or credits must be requested at least 24 hours in advance of each workshop.

 Ages
 6-12 years

 Time
 2:00-5:00 p.m.

 Location
 Arts & Crafts Room

Dates Saturdays: January 12, February 2,

February 9, March 2, March 16,

May 11 & May 18

Instructor Maria Teresa Valle

Member Fee \$60 each Non-Member Fee \$72 each









Acting for Television

Mastering the craft of acting demands a strong technical foundation. This new class is structured to introduce children and teens to the essentials of filmmaking while creating a fun and supportive environment where they can pursue their passion. Hands-on activities include the safe use of digital cameras, portable lighting and microphones. Class topics include: Acting for Film, Acting Technique, Film Craft, Text Analysis, Speech, Voice and Movement, Improvisation, Business of Acting and Audition Technique. Over the past 4 years, Same Tag Television Arts Group has built a reputation as one of Miami's premier acting schools. The project-based curriculum is designed to reflect a real-world environment while encouraging students to explore their own creativity and passions. For more information, email Contact@SameTagTV.com or call 305-986-8966.

Ages 7-11 years

Days Fridays

Time 4:00-6:00 p.m.

Location Island Room

Instructor Same Tag Television Arts Group

Session 1 January 25-February 15

Session 2 February 22-March 15 (no class March 22 or 29)

Session 3 April 5-May 3 (no class April 19)

Session 4 May 10-31

Member Fee\$220/session or \$70/classNon-Member Fee\$264/session or \$84/class



Photo courtesy of Evelyn Diaz Photography

Chess Academy

Capablanca Chess Academy is proud to offer a chess program created by USCF Certified Chess Coach, Yaimy Chavez. Students will learn about the chessboard and how to move the pieces, as well as piece value, chess notation, opening principles, basic tactics and strategies, check, how to get out of check and how to do checkmate. Advanced students will learn opening theories, strategies, tactics, end-game techniques and checkmate patterns. Participants will also have the opportunity to play with other players and receive feedback from a coach. For more information, contact Ms. Chavez at Info@CapablancaChessAcademy.com or 305-494-8600.

Ages 6-13 years

Days Mondays

Time 5:00-6:00 p.m.

Location Island Room

Instructor Capablanca Chess Academy

Session 1 January 7-March 18

(no class January 21, February 18

or March 25)

Session 2 April 1-June 3 (no class May 27)

Member Fee \$225 Non-Member Fee \$270





Youth Dance Programs

Flamenco for Kids

This program explores the wonderful art of flamenco dance, percussion, singing, guitar, culture, language and history. Furia Flamenca is the leading dance studio in Miami offering a unique curriculum specifically designed for flamenco dance. Together with some of the best flamenco dance teachers from Spain, Furia Flamenca has created a full educational program that will make children fall in love with this unique dance form. For more information, contact Ana Hidalgo at Info@FuriaFlamenca.com.

Days	Thursdays	
Time	4:00-5:00 p.m. (ages 3-4 years)	
Time	5:00-6:00 p.m. (ages 5-7 years)	
Time	6:00-7:00 p.m. (ages 8-11 years)	
Location	Island Room	
Instructor	Furia Flamenca	
Session 1	January 10-February 28	

Session 2 March 7-May 2 (no class March 28)
Session 3 May 9-June 6 (pro-rated)

Member Fee \$170 Non-Member Fee \$204



Hip Hop Kidz & Teenz

Learn the latest hip-hop choreography to the coolest music from shows like *So You Think You Can Dance* and *America's Best Dance Crew* in a fun, creative and easy-to-learn atmosphere. In this class, students will learn and understand musical beats and perform to awesome choreography as if they were dancing in their very own music video. Students will attain a heightened sense of self-esteem and body awareness, make new friends and learn to work as a team. Students enrolled will have the opportunity to participate in a year-end showcase and amazing community performances.

Days	Wednesdays
Location	Island Room
Instructor	Ali Rae

Session 1 January 9-March 13 Session 2 March 20-May 29 (no class March 27)

Hip Hop Kidz (ages 7-11 years)

Time 4:00-5:00 p.m.

Member Fee \$250 Non-Member Fee \$300

Hip Hop Teenz (ages 12-18 years)

Time 5:00-6:30 p.m.

Member Fee \$270 Non-Member Fee \$324



Active Islander

Broadway Musical Theatre Program





The Broadway Musical Theatre (BMT) Program, named "one of the best theatre programs in the country" by critic Richard Cameron, presents a theatre program that trains students to become triple threat performers: unparalleled actors, singers and dancers! Each class will consist of the technical aspects of ballet, jazz, tap and improvisation to learn the various styles and choreographies of Broadway's most famous musicals. In the beginning levels, fundamental technique and style will be introduced in the three areas (dance, song and acting). In the more advanced levels, a range of styles, sophisticated technique and vocal performance will be the focus. For more information, visit www.Facebook.com/BroadwayMusicalTheatre.

Session January 22-May 18

(16 weeks; no class March 25-30)

Location Dance Studio



Broadway Group 1

Ages 5-6 years

Days Mondays & Wednesdays

Time 3:30-4:30 p.m.

Member Fee \$650 Non-Member Fee \$780

Broadway Group 2

Ages 7-8 years

Days Tuesdays, Thursdays & Fridays

Time 3:30-4:30 p.m.

Member Fee \$750 Non-Member Fee \$900

Broadway Group 3

Ages 9-10 years

Days/TimeTuesdays, 4:30-5:30 p.m.Days/TimeThursdays, 4:30-5:30 p.m.Days/TimeFridays, 4:30-6:00 p.m.

Member Fee \$750 Non-Member Fee \$900

Broadway Group 4

Ages 11-14 years

Days/TimeMondays, 4:30-5:30 p.m.Days/TimeWednesdays, 4:15-5:30 p.m.Days/TimeFridays, 4:30-6:00 p.m.Days/TimeSaturdays, 12:30-3:30 p.m.

(select days)

Member Fee \$750 Non-Member Fee \$900





Maria Verdeja School of the Arts

The Maria Verdeja School of the Arts has been serving the Miami community for more than three decades at three dance studios. They proudly offer classes in various dance styles, including ballet, pointe, jazz, contemporary, tap and acro. Experienced and first-time dancers are welcomed to join the program.

Classical Ballet

Considered the foundation to all dance forms, Classical Ballet is the contrast between strong leg movements and the graceful upper body. Technique is based on body alignment, proper placement and posture. Barre and center floor work are combined with choreography combinations to teach musicality, rhythm, coordination and flexibility. *Participants are required to take ballet twice per week.

Contemporary

Contemporary dance utilizes both the strong and controlled legwork of ballet and modern dance's stress on the torso and employs contact-release, floor work, fall and recovery and improvisation characteristic of modern dance. Unpredictable changes in rhythm, speed and direction are also used. Dancers use motion to interpret music and express emotion.

Jazz Funk

An exciting and derivative style that incorporates both elements and techniques of jazz and hip-hop. Choreography and energetic skills such as high kicks and large jumps are taught to pop and hip-hop music.

Tap

A form of dance that uses quick and precise footwork to create rhythmic sounds and syncopation with the tap shoe. This is a lively, rhythmic dance style that makes the performer not just a dancer, but also a percussive musician.

Acro

This tumbling course develops balance, coordination, strength and elasticity by perfecting skills in dance stunts and flips.

Session 1 January 7-March 21 (no class January 21 or February 18)
Session 2 April 1-June 6 (no class May 27)

FEES	Session 1 Fee (11 weeks)	
Classes/Week	Member	Non-Member
1 class	\$253	\$304
2 classes	\$407	\$488
3 classes	\$495	\$594
4 classes	\$594	\$7 13
5 classes	\$660	\$792
6 classes	\$726	\$871

No charge for 7th and 8th classes

FEES	Session 2 Fee (10 weeks)	
Classes/Week	Member	Non-Member
1 class	\$230	\$276
2 classes	\$370	\$444
3 classes	\$450	\$540
4 classes	\$540	\$648
5 classes	\$600	\$720
6 classes	\$660	\$792

No charge for 7th and 8th classes

Additional Fees: Information about annual registration, uniforms and costume fees are provided by instructors. These fees are paid directly to Maria Verdeja School of the Arts.

GROUP LEVELS	
Grade	Group
Pre-K3	WHITE: Ballet
Pre-K4	BLUE: Ballet/Jazz 2-3
Kindergarten	PEACH: Ballet/Jazz 2-3/Acro 3-4
1st - 2nd Grade	ROSE: Ballet/Jazz 4/Acro 3-4/Tap 3-4-5
3rd - 4th Grade	ROYAL: Ballet/Jazz 5/Acro 5/Tap 3-4-5/ Cont 5
5th - 6th Grade	GREEN: Ballet/Jazz 6/Acro 6/Cont 6
7th - 12th Grade	AQUA: Ballet/Jazz 7/Acro 7/Cont 7
Placed by Instructor	Pointe















YOUTH FITNESS & SPORTS

Triathlon for Kids & Teens

Tri4Kidz Youth Triathlon Team was founded in 2009 and is managed by USA Triathlon Level 1 and Youth and Junior Certified Coach Liliana "Lilly" Montes. As the first United States Triathlon Association (USAT) Triathlon Sanctioned Club in South Florida, this family-oriented, recreational and competitive triathlon club for youth nurtures growth and development both in the sport of triathlon and in living a healthy lifestyle. The program is open to children ages 6 to 16, and while previous experience is not necessary, participants should be able to swim 25 yards using the freestyle stroke, confidently ride a bike without training wheels and run for 10 minutes continuously. Participants must use a bicycle helmet and must sign a waiver when registering. New participants MUST be evaluated prior to registering. Evaluations will take place at 9:30 a.m. at the Community Center on Saturdays: February 2, March 9, April 6 and May 4. For more information, visit www.Tri4Kidz.com or contact Coach Lilly at Info@Tri4Kidz.com or 786-873-1234.

Ages	Tri4Kidz (ages 6-11 years) Tri4Teenz (ages 12-16 years) Advanced Team (ages 9-17 years)
Instructor	Liliana Montes
Session 1	January 7-February 2 (no class Jan. 21)
Session 2	February 4-March 2 (no class Feb. 18)
Session 3	March 4-April 6 (no class March 25-30)
Session 4	April 8-May 4
Session 5	May 6-June 8 (pro-rated)
Member Fee	\$185 (2x/week)
	\$220 (3-4x/week)
	\$225 (5x/week)
Non-Member Fee	\$222 (2x/week)
	\$264 (3-4x/week)
	\$270 (5x/week)

TRIATHLON FOR	KIDS & TEENS WEE	KLY SCHEDULE		
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	SATURDAY
5:00 p.m. Run – Village Green <i>Tri4Kidz</i>	4:15 p.m. Bike – Village Green <i>Tri4Kidz</i>	4:45 p.m. Bike – Crandon Park <i>Tri4Teenz</i>		9:00 a.m. Swim – KBCC <i>Tri4Kidz</i>
5:45 p.m. Run – Village Green <i>Tri4Teenz</i>	5:00 p.m. Bike – Village Green	5:45 p.m. & 6:30 p.m. Swim – KBCC	5:00 p.m. Run – Village Green	9:45 a.m. Bricks – KBCC
5:45 p.m. & 6:30 p.m. Swim – KBCC <i>Tri4Kidz</i>	Advanced Team	Tri4Kidz	Advanced Team	Tri4Teenz & Advanced Team
7:15 p.m.	6:30 p.m. & 7:45 p.m.	7:15 p.m.	6:30 p.m. & 7:45 p.m.	
Swim – KBCC	Swim – KBCC	Swim – KBCC	Swim – KBCC	
Advanced Team	Tri4Teenz	Advanced Team	Tri4Teenz	





Young Athletes Inclusive Sports Program for Toddlers

The Young Athletes Program (YAP) is an inclusive early childhood sports play program that includes games, songs and other fun physical activities for young children. YAP unites children with and without disabilities to play together as they practice and engage in basic sports skills. Young Athletes learn basic sports skills to help prepare them to participate in traditional sports programs when they are older, such as those offered by the Village of Key Biscayne and Special Olympics. Participants also develop motor, social, language and cognitive skills that are important for success in life beyond the athletic arena. Motor development activities improve balance, flexibility, strength and coordination as they practice their sports skills. For more information, please visit www.SpecialOlympics.org/ Young-Athletes. Parents/caregivers must be able to stay and participate with their children. Pre-registration at the Front Desk is required.

Ages 2½ to 5 years

Days Tuesdays and Thursdays

Time 4:15-4:45 p.m.
Location Adult Lounge
Instructor YAP Coach

Session January 22-May 23

(no class March 26 or 28)

Free with pre-registration







GYMNASTICS

Session 1

Join the American Gymsters coaches and staff for an outrageously good time! Boys and girls of all gymnastics skill levels will have a great time working on the vault, beam bars floor and trampoline. along with other fun activities!

beam, bars, floor and trampoline... along with other fun activities!

Ages 4 years and up Member Fee \$200 (1x/week)

Location Gymnasium \$360 (2x/week)

Session 2 March 5-May 4
(no class March 26 or 30)

Additional In

January 8-March 2

Session 3 May 7-June 8 (pro-rated)

\$360 (2x/week)

Non-Member Fee \$240 (1x/week)

\$430 (2x/week)

Additional Insurance Payment

\$70 per year (made payable to American Gymsters)

AMERICAN GYMSTERS WEEKLY SCHEDULE

	Tuesdays	Saturdays
Tiny	3:30-4:25 p.m.	N/A
Beginner	4:30-5:25 p.m.	9:30-10:30 a.m.
Intermediate	5:30-6:25 p.m.	9:30-10:30 a.m.
Advanced	6:30-8:00 p.m.	10:30 a.m12:00 noon



Winter & Spring Break Camps



SCIENCE & ART CAMP

This camp offers fun, hands-on and interactive activities led by the professional staff of Nutty Scientists™. They use a unique, award-winning methodology that includes a science, art and mathematics curriculum. Your child's imagination will be sparked with fun science experiments. Camp fee includes all materials. Lunch is not included and pro-rating is not allowed.

 Ages
 5-10 years

 Time
 9:00 a.m.-1:00 p.m.

 Location
 Arts & Crafts Room

 Instructor
 Nutty Scientists™

Session 1December 26-28 (Wed-Fri)Session 2January 2-4 (Wed-Fri)Session 3March 25-29 (Mon-Fri)

Member Fee \$90 (Session 1 & 2)

\$160 (Session 3) \$108 (Session 1 & 2)

\$192 (Session 3)

RAT'S DAY OFF (TEACHER PLANNING DAYS)

Non-Member Fee

When Key Rats are off from school for teacher planning days and school breaks, they can spend the day having fun in a safe environment. Each full-day program offers a variety of activities, which may include arts and crafts, games, sports, dancing, and much more. Lunch is not included, so please don't forget to bring your own. Please register in advance to ensure proper staffing and child supervision.

Ages K-8th Grades Member Fee
Time 8:00 a.m.-3:00 p.m. Non-Member Fee
Dates Friday, January 18
Friday, April 19
Late Care

Friday, June 7

Late Care 3:00-6:00 p.m.

Member Fee \$15 per day

Non-Member Fee \$18 per day

KBCC SPRING BREAK CAMP

 Ages
 K-8th Grades

 Time
 8:00 a.m.-4:00 p.m.

Session March 25-29

Camp Fees

Member Fee \$175/week or \$45/day Non-Member Fee \$210/week or \$52/day

Late Care 4:00-6:00 p.m.

Member Fee \$10 per day

Non-Member Fee \$15 per day



\$40 per day

\$48 per day

MARINE BIOLOGY CAMP

During camp kids will explore the intertidal zone at Bear Cut, learn about interesting marine animals, visit Bill Baggs State Park, learn to tag fish for scientific research and much more. Participants must register for entire session (pro-rating is not allowed).

Ages 8-14 years
Time 9:00 a.m.-1:00 p.m.
Instructor Gerard Loisel

Session January 2-4 (Wed-Fri)

Member Fee \$105 Non-Member Fee \$126

SPORTS CAMP

Whether you're a sports pro or want to learn some new skills, you'll have a blast in Tony Goudie's sports camps. Tony offers a fun-filled, non-competitive camp experience where you'll make new friends and memories.

Ages 6-14 years
Time 10:00 a.m.-2:00 p.m.
Location Gymnasium & Village Green
Instructor Tony Goudie

Session 1 December 31-January 4 (no camp Jan.1)

Session 2 March 25-29 Session 3 April 22-26

Non-Member Fee

Member Fee \$128 (Session 1) \$160 (Session 2 & 3)

or \$40 per day \$154 (Session 1)

\$192 (Session 2 & 3)

or \$48 per day



ATHLETICS

Welcome to another great season of Key Biscayne Spring Baseball and Softball. This fun-filled season will provide children with the skills to play recreational or travel baseball and softball. Program prices include uniforms, trophies, umpires, opening/closing day celebrations, and more. Please note that ages are a guideline and players will ultimately be placed according to ability.

Save the Date! Saturday, March 9, 2019

Opening Day Celebration and First Games

RegistrationFebruary 1-March 2EvaluationsFebruary 26 & 28; March 2

Free Clinics February 9 & 23

Co-Ed Recreational Baseball

DIVISION	AGES	FEE	
T-Ball	5-7 years	\$185	
Coach Pitch	7-9 years	\$250	
Mustang	10-12 years	\$250	

Girls Recreational Softball

DIVISION	AGES	FEE	
Junior Softball	9-12 years	\$250	
Senior Softball	13-14 years	\$250	

Track & Field

Ages	6-12 years
Days	Mondays & Fridays
Time	3:30 p.m.
Days	Wednesdays
Time	2:30 p.m.
Location	Kev Biscavne K-8 Cente

, ,

Sessions January 7-June 7

Flyer with additional details available at KBCC Front Desk



Co-Ed Volleyball Clinics

These popular volleyball clinics promise physical challenge, engaging drills, beginners' skill development and advancement for returning players. All coaches boast years of experience. Clinics are limited to 35 participants who must be ages 9-15 as of September 1, 2019. For information, contact Coach Johanna Guma-Aguiar at jgumaaguiar@kbgirlsvolleyball.com or 786-255-9449.

Days	Sundays (10 weeks)
Dates	February 24; March 3, 10, 17;
	April 7, 28; May 5, 12, 19 & June 2
Time	2:30-3:45 p.m. (ages 9-11)
Time	3:45-5:00 p.m. (ages 12-15)
Location	Gymnasium

Member Fee \$150/session or \$2

Member Fee\$150/session or \$20/clinicNon-Member Fee\$180/session or \$24/clinic

Spring Soccer

The Key Biscayne Soccer Club serves boys and girls ages 3 to 16 years of age. Programs include PeeWee, Intramural/Recreational and Competitive Travel (tryout required).

For more information

visit: www.KeyBiscayneSoccerClub.com email: Webmaster@KeyBiscayneSoccerClub.com







Key Biscayne Basketball Academy

Take part in this action-packed basketball program designed to strengthen a player's game and spirit. Boys and girls will learn good sportsmanship, develop strong playing skills and build lasting friendships.

Ages 6-14 years

Days Mondays and Fridays

Times

Beginners3:00-4:00 p.m.Intermediate4:00-5:00 p.m.LocationGymnasium

Sessions 4-week sessions begin January 7

Instructor Tony Goudie

Member Fee \$150 Non-Member Fee \$180





Team Key Aquatics



Interested in joining TKA?

Please contact Coach Gaby at 786-200-6717 prior to registering.

Practice days and times are subject to change.

For more information about TKA and the programs we offer, please visit www.
TeamKeyAquatics.com and connect with us on Instagram @TeamKeyAquatics.







If you love water and are willing to work hard to develop and maximize your aquatic skills, then Team Key Aquatic's (TKA) SwimFit and Water Polo are definitely for you! Through aquatic sports, TKA strives to foster the growth and development of each athlete, regardless of age or ability, in a dynamic environment that encourages goal-setting, dedication, hard work, discipline and a personal commitment to the pursuit of excellence.

TKA's SwimFit is a conditioning program that mixes swimming, running, push-ups, sit-ups, squats, elements of surfing and other functional movements. TKA athletes are coached to swim freestyle, breaststroke, butterfly and backstroke. The group workouts are short, highly intense and constantly changing, making them fun yet challenging. TKA coaches strive to make their athletes functionally fit.

TKA's Water Polo program is a combination of swimming, soccer, basketball and rugby. Playing water polo pushes your body to the limits because it requires that you swim constantly. TKA coaches focus on the development of each athlete's attitude and knowledge of the game.

4-Week Sessions	January 7-June 7 Final session is 6 weeks and pro-rated
Days	Mondays-Fridays
Member Fee	\$180 (1st swimmer)
	\$150 (2nd swimmer)
	\$75 (3rd swimmer)
Non-Member Fee	\$216 (1st swimmer)
	\$180 (2nd swimmer)
	\$90 (3rd swimmer)

Note: 4th swimmer is free of charge

3:05 SwimFit Crew

3:05 SwimFit Crew athletes are at least 4 years old and can swim the length of the pool unassisted. They learn how to safely get in and out of the pool and focus on breathing bubbles while having their head in the water for several seconds. Freestyle kicking is introduced with the goal of getting across the pool without stopping.

Time 3:05-3:25 p.m.

3:30 SwimFit Crew

3:30 SwimFit Crew athletes continue learning the "do's and don'ts" of pool safety. Freestyle kicking is further developed while freestyle arms is introduced with the goal of getting across the pool quickly and efficiently.

ime 3:30-3:50 p.m.

3:55 SwimFit Crew

3:55 SwimFit Crew athletes are introduced to basic dryland body weight movements, such as squats, push-ups, lunges and sit-ups. While the goal is to improve freestyle drills and techniques, the breaststroke kick is introduced at this level. Swimmers will learn to swim more than one lap at a time without losing stroke ability, speed or efficiency.

Time 3:55-4:25 p.m.

4:30 SwimFit Crew

4:30 SwimFit Crew athletes continue building on basic dry-land techniques. At this level, breaststroke drills and techniques are improved upon and both the butterfly and backstroke are introduced. Several times per week athletes complete a special "Workout of the Day" (WOD).

Time 4:30-5:00 p.m.

5:05 SwimFit Crew

5:05 SwimFit Crew athletes continue to fine-tune freestyle, breaststroke, backstroke and butterfly drills and techniques. At this level, running and advanced dry-land movements are introduced. Athletes complete a special "Workout of the Day" (WOD) every day.

Time 5:05-5:50 p.m.

5:55 SwimFit Crew

5:55 SwimFit Crew athletes consist of water polo players, middle-schoolers, high-schoolers and adults who pride themselves on becoming better, faster and stronger overall. They train in all 4 strokes and are introduced to complex dry-land movements. Athletes complete a special "Workout of the Day" (WOD) every day.

Time 5:55-6:55 p.m.

Water Polo Crew

Water Polo Crew athletes focus on proper water polo game-play, such as positioning and spacing while continuing to fine-tune the basics in passing and shooting.

Time 5:55-7:45 p.m.

Swim Kids Swimming School

Parents & Me: Ages 4-24 months

Ideal for parents wanting to spend quality time with their babies and learn how to avoid pool hazards with babies. They will enjoy fun and musical activities such as bubbles, arm splashes and feet kicking in a playful and safe environment. Underwater activities are slowly introduced depending on the child's comfort level.

Turtles: Ages 2-3 years

Toddlers are introduced to the basics of swimming, which involves underwater bubbles, distance kicking with assistance and essential pool survival skills, such as rolling onto their back and returning to the wall in case of a fall.

Jellyfish: Ages 4-6 years

Once basic swimming survival skills are mastered, children will learn the primary kicking techniques of freestyle and breaststroke (frog), the best ways to back/front float and other fun water exercises.

Dolphins: Ages 7-9 years

The emphasis at this level is comprehensive knowledge of all the strokes; freestyle, backstroke, butterfly and breaststroke.

Sharks: Ages 10 years and up

Advanced stroke techniques are introduced at this level, followed by the development and refinement of water and land endurance, preparing the child for competition and a lifetime of physical fitness.

Class Options and Fees

Private Lessons (1 Swimmer/1 Instructor/8 Lessons)

Class Duration 30 minutes
Member Fee \$400
Non-Member Fee \$480

Semi-Private Lessons

(2 Swimmers/1 Instructor/8 Lessons)

Class Duration30 minutesMember Fee\$240Non-Member Fee\$288

Group Lessons

(3-10 Swimmers/1 Instructor/4 week session)

Class Duration 30-50 minutes

Once per week

Member Fee \$100 Non-Member Fee \$120

Twice per week

Member Fee \$160 Non-Member Fee \$192

Private and group lessons are available for adults ages 18 years and up. Please call Swim Kids for more information.

For questions or more information, please call Swim Kids at 305-365-0555 or log on to www.SwimKidSchool.com.









Pool Party Packages

For birthday parties and other special events, families, friends and guests can enjoy organized fun, including games and unique inflatables provided by Swim Kids. Pool parties at the Community Center are available on Saturdays and Sundays only.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	2:30 p.m. Parents & Me		2:30 p.m. Parents & Me		10:00 a.m. Parents & Me
3:00 p.m.	3:00 p.m.	3:00 p.m.	3:00 p.m.	3:00 p.m.	10:30 a.m.
Turtles	Turtles	Turtles	Turtles	Turtles	Turtles
3:30 p.m.	3:30 p.m.	3:30 p.m.	3:30 p.m.	3:30 p.m.	11:00 a.m.
Jellyfish	Jellyfish	Jellyfish	Jellyfish	Jellyfish	Jellyfish
4:00 p.m.	4:00 p.m.	4:00 p.m.	4:00 p.m.	4:00 p.m.	11:30 a.m.
Turtles	Turtles	Turtles	Turtles	Turtles	Dolphins/Shark
4:30 p.m.	4:30 p.m.	4:30 p.m.	4:30 p.m.	4:30 p.m.	
Jellyfish	Jellyfish	Jellyfish	Jellyfish	Jellyfish	
5:00 p.m.	5:00 p.m.	5:00 p.m.	5:00 p.m.	5:00 p.m.	
Dolphins/Sharks	Turtles/Jellyfish	Dolphins/Sharks	Turtles/Jellyfish	Turtles/Jellyfish	
	5:30 p.m.		5:30 p.m.		
	Dolphins/Sharks		Dolphins/Sharks		

Vero Yoga & Co. Youth & Adult Classes





EMPOWERING YOGA BY VERO YOGA & CO.

Empower yourself, get strong and get in shape, while bringing freedom to your mind with this empowering yoga program. All levels are welcome.

Key Biscayne resident Veronica Vidal is the founder of VeroYoga, a powerful blend of physical poses (asanas), breathing techniques (pranayamas), meditation and visualization techniques. "Vero" means true in Italian, VeroYoga means true yoga — traditional ancient yoga for people that live in today's world. VeroYoga's system invigorates, purifies and strengthens the body to move beyond physical and psychological barriers.

Veronica has been practicing yoga since childhood. She is certified as a yoga master by Sri Dharma Mittra from New York City. Her long list of yoga certifications include Ashtanga Yoga I, II and III; Forrest Advanced, Kundalini and Integral Yoga, among others.

Veronica studied in India at the Bihar School of Yoga. For over 25 years she has been under the personal guidance of the well-known yoga master from India, Swami Brahmavidyananda Saraswati. She teaches her method through regular classes, training teachers, as well as in workshops in the United States and abroad. For more information, please visit www.VeroYoga.com.

Member Fee \$18 per class or \$130 per ten-class punch pass

Non-Member Fee \$21 per class or \$160 per ten-class punch pass

Location Island Room Instructor Veronica Vidal

Session Ongoing beginning January 14

Gentle VeroYoga

This style of yoga is appropriate for anyone at any age or stage of life and in any physical condition: from beginners to advanced, including athletes in need of deep muscle restoration, people in search of stress-relief, seniors, pregnant women, as well as anyone dealing with injuries or specific ailments. Focus on enjoying the complimentary sensations of strength and surrender. Stretch and tone the body, improve agility and balance, and draw the focus inward to calm the mind.

Days Tuesdays & Thursdays
Time 8:30-10:00 a.m.

Level I VeroYoga

This class stimulates flexibility and strength, oxygenation and health to every muscle, tendon, articulation and organ of the body. Main emphasis is placed on breath awareness to restore vitality, overall health and to induce a calm state of mind. All levels are welcome, including pregnant women and beginners. This class is a great complement for rigorous athletic training.

DaysMondays, Wednesdays & FridaysTime8:30-10:00 a.m.

Level II VeroYoga

Take your yoga to the next level with this invigorating Vinyasa-style of VeroYoga. Be prepared to sweat, stretch and strengthen using this transformative method. Personalized attention assists you in promoting your total physical and mental well-being. This class is best suited for intermediate and advanced students.

Days Sundays
Time 9:30-11:00 a.m.

VERO YOGA FOR KIDS & TEENS

In this class, boys and girls will develop strong, limber and healthy bodies while cultivating self-esteem, increasing focus and concentration—all in a relaxed and playful environment. Students will also learn how to cope with life stressors and how to effectively relax and sleep better.

Time

Session Ongoing beginning January 8 VeroKids Yoga (ages 7-12) (no class March 26 or 27)

Member Fee \$12 per class or

\$100 per ten-class punch pass

Non-Member Fee \$14 per class or

\$120 per ten-class punch pass

Location Oasis Room, 2nd Floor Instructor Nicole Mayris

Days Wednesdays
Time 7:00-8:00 p.m.

VeroTeens Yoga (ages 13-17)

Tuesdays

6:30-7:30 p.m.



Group Exercise & Yoga Classes

YOGA CLASSES

Considered both physical and mental therapy, practicing yoga has numerous benefits including improving flexibility, strength and muscle tone as well as managing stress and preventing disease. As a Community Center member, why not sign up for one of our cost-effective yoga classes and start reaping the health benefits today? No previous experience is required.

Ages 16 years and up
Location Island Room

Member Fee \$9 per class
Non-Member Fee \$15 per class

Yoga with Arbey

You'll break a sweat in this fun and challenging class that will help you build strength and flexibility of both body and mind. Each class is designed with a combination of asanas from various styles of yoga.

Days Mondays, Wednesdays and Fridays

Time 10:00-11:30 a.m. Instructor Arbey Quiceno

Yoga Core & Stretch

This class uses gentle yoga techniques and stretching to develop the abdominal core and improve flexibility. No previous experience required.

DaysTuesdaysTime9:30-11:00 a.m.InstructorArbey Quiceno

Power Yoga & Stretch

This class is designed to safely build a strong abdominal core through yoga techniques and stretching. Ideal for athletes and those interested in a mentally and physically challenging class. Participants will leave feeling energized and inspired.

Days Mondays and Wednesdays

Time 7:00-8:30 p.m.

Days Saturdays

Time 9:30-11:00 a.m.

Instructor Kerstin Eskeli

GROUP EXERCISE CLASSES

The Community Center offers a variety of fun and affordable group exercise classes. The following rules and regulations are enforced to ensure the safety and well-being of our members.

- You must be at least 15 years of age to participate in a group exercise class.
- No person under the age of 15 may be in the room while a group exercise class is taking place.
- Bring your valid punch pass along with your ID to class.
- Always provide your name to the attendant when you attend a class.
- Classes may fill up quickly (especially spinning classes) so make sure to arrive early to secure your spot.
- Spinning bicycles are available on a first-come, first-served basis. They may not be reserved.
- Do not enter a class in progress unless the instructor has indicated you can do so.
- Please wear appropriate clothing and footwear.
 Open-toed shoes (including flip-flops) are not permitted.
- Always bring a sweat towel and water bottle to class.

Class Descriptions

Body Sculpting—Body bars, hand weights and balls are used in this 55-minute class to tone all the major muscles in your body and increase muscle endurance.

Spinning—The ultimate indoor cycling experience. You control the resistance and cadence to make the class as challenging as you need it to be!

Zumba—High energy and motivating music with unique moves and combinations makes this a fun and easy workout!

Step—This 55-minute class is devoted to non-stop cardiovascular exercise utilizing the step. This class is moderate-to-high intensity with some abdominal work.

Group Exercise Schedule

The most current and up-to-date Group Exercise Schedule can always be found at the Community Center Front Desk or by visiting www.Activelslander.org.

Group Exercise Pass Prices

Single	
Members	\$9
Non-Members	\$15
5 Pack	
Members	\$35
Non-Members	N/A
10 Pack	
Members	\$60
Non-Members	N/A
20 Pack	
Members	\$100
Non-Members	N/A

Packages are not valid for yoga classes or non-members. Passes are non-transferable and non-refundable.





Senior Fitness Programs & Classes

HEALTHY AGING FOR OLDER ADULTS

The Key Biscayne Community Center provides programs that promote health and help prevent disease in older adults. We partner with the Active Seniors on the Key (A.S.K.) Club, an initiative of the Key Biscayne Community Foundation, to create physical and social opportunities that improve the quality of life for older adults in our community.

Programs are taught by qualified fitness instructors who specialize in older adults. All Key Biscayne seniors are welcome to participate in these programs (some programs do have minimum age requirements). Advanced registration at the Front Desk is required to participate in all programs. For additional information, please contact Roxy Lohuis-Tejeda, Adult & Senior Programs Coordinator, at 305-365-8953.



FITNESS CENTER ORIENTATION FOR SENIORS

Senior fitness specialist and personal trainer Marilyn Myles will provide those with a Senior's Membership at the Community Center with an orientation of the Fitness Center equipment and exercises appropriate for older adults. Please inquire at the Front Desk for the monthly schedule.



AFFORDABLE SENIOR FITNESS CLASSES

The Community Center is now providing the following classes at an affordable price with a punch-pass system that entitles participants to take any of these 3 senior fitness classes at their convenience. Passes are non-transferable, non-refundable and may only be used for the 3 classes below.

Ages 55 years and up Member Fee \$48 per 8-punch pass

Non-Member Fee \$58 per 8-punch pass

Ongoing

Yoga for 55 & Older

Yoga has been shown to help alleviate or reduce many health challenges. Armed with medical knowledge and the ability to modify poses to accommodate specific health issues, an experienced instructor helps students augment their energy and vitality, enhance range of movement, increase stability and improve respiratory systems. Class is limited to 12 students.

Days Mondays, Wednesdays & Fridays

Time 8:00-9:00 a.m.
Location Oasis Room
Instructor Kerstin Eskeli

Splash! Water Workout

Splash your way into fitness with this fun and exciting water workout designed to be easier on your joints. Get fit in the pool while increasing your overall endurance and strength. This exercise class is guided by a senior fitness specialist and personal trainer.

Days Tuesdays and Thursdays
Time 10:00-11:00 a.m.

Location Pool

Instructor Marilyn Myles

Boomer Boot Camp

Fitness after 55 just became more fun! Workout with balls, bells, bands and balance training aids in an "old school" format with "new age" results! This exercise class is guided by a senior fitness specialist and personal trainer.

Days Tuesdays and Thursdays
Time 11:15 a.m.-12:15 p.m.

Location Dance Studio **Instructor** Marilyn Myles

Senior Fitness Programs & Classes



This fun paddle sport, which combines many elements of tennis, badminton and ping pong, was created for all ages and skill levels with simple rules making it easy for beginners to learn and fast-paced enough for experienced players. Registration at the Front Desk is required.

Days Sundays-Fridays

Dates Ongoing starting January 7
Time 10:00 a.m.-12:00 noon

Location Gymnasium

Fee Free

Improving Balance Through Tai-Chi

Tai Chi is a centuries-old Chinese practice that exercises the mind and body through a series of gentle, flowing postures creating a kind of synchronized dance. All levels are welcome. Advanced registration at the Front Desk is required.

Days Fridays (2nd Floor Lobby)
Days Sundays (Village Green)

Time 8:30 a.m.
Instructor Marius Robinson

Session Ongoing

Fee Free

Enhance Fitness

Are you ready to get energized? Enhance Fitness is a low-cost, evidenced-based exercise program that helps older adults (age 60 and over) at all fitness levels become more active. Tested at over 80 sites nationwide, Enhance Fitness focuses on stretching, flexibility, balance, low impact aerobics and strength training exercises.

Days Mondays, Wednesdays and Fridays

 Time
 10:00-11:00 a.m.

 Time
 2:00-3:00 p.m.

 Time
 5:30-6:30 p.m.

 Location
 Community Room

(1st floor, Village Hall)

Instructor Marilyn Myles

Session 1 January 7-April 26 Session 2 April 29-August 16

(2:00 p.m. classes only)

Fee \$160 (16 weeks)

Balance Chair Exercise Group

Older adults are invited to this fun and interactive group that meets to exercise their minds, bodies and spirits. Enjoy a free cup of coffee and stimulating social interaction. Advanced registration at the Front Desk is required.

Days Mondays, Thursdays and Saturdays

Time 10:15-11:15 a.m.
Location Lighthouse Room
Instructor Marilyn Kreisberg

Session Ongoing

Fee Free

A.S.K. Walking Club

Join your friends and neighbors of the A.S.K. Club for a morning walk on the Village Green. Participants will be divided into two groups "speedy" and "steady."

Days Tuesdays and Thursdays
Dates Ongoing starting January 8

Time 7:45 a.m.

Location Village Green (by pavilion)

Fee Free

Chair Yoga

This new class utilizes the mind-body connection more effectively to help with stress, pain, fatigue, joint lubrication, balance and arthritis. Please register at the Front Desk to reserve your spot.

DaysWednesdays and FridaysTime10:00-11:00 a.m.LocationLighthouse Room

Session Ongoing

Instructor Myriam Sitterson

Fee Free









Fitness, Health & Wellness Programs



Cardio Dance Fitness

This new high-energy, cardio dance class features songs from the 80s, 90s and today. You'll have a blast and get a fantastic workout while you dance to hip-hop, salsa, merengue and reggaeton. It's a party in every class! Class is taught by Key Biscayne resident Jackie Vilariño Estrella, former Miami Heat dancer and former captain/choreographer of the Miami Dolphins cheerleaders. She is the Director of Dance Tech Studios Miami. Please register at the Front Desk to reserve your spot!

Ages15 years & olderDaysTuesdaysTime9:30-10:30 a.m.LocationOasis Room (2nd Floor)InstructorDance Tech Studios Miami

Session 1 January 8-29 Session 2 February 5-26

Session 3 March 5-April 2 (no class March 26)

Session 4 April 9-30 Session 5 May 7-28

Member Fee Non-Member Fee \$60/session or \$20/class \$72/session or \$24/class







Swimming Endurance

This program is open to all adult swimmers who want to improve their health and strength through physical fitness, personal challenge, teamwork and camaraderie. All ages and all levels are welcome. For more information, contact Coach Lilly at info@tri4kidz.com or 786-873-1234.

Sessions 4-week sessions begin January 7
Instructor Liliana Montes

DaysMondays-ThursdaysTime8:45-10:00 a.m.

Member Fee \$155 Non-Member Fee \$186

Days Tuesdays & Thursdays
Time 7:30-8:30 a.m.

7.50 0.00 u.m.

(for Competitive Swimmers

& Triathletes)

Member Fee \$95 Non-Member Fee \$114

ARTS & CRAFTS

Pottery for Adults

Materials Fee

Decompress, have fun and explore the versatility of hand-building and wheel work. You may choose to work independently or have an experienced instructor assist you with your project as you design and create sculptural or functional pieces, using various construction techniques and different glaze applications. Potters of all experience levels are welcomed. Materials are not included in the class fee.

Wednesdays
10:00 a.m12:00 noon
Arts & Crafts Room
Laura Marmol
January 9-30
February 6-27
March 6-April 3 (no class March 27)
April 10-May 1
May 8-29
\$120/session or \$33/class
\$144/session or \$39/class

\$45

Chinese Brush Painting

Days

Learn Chinese brush painting from an instructor who has studied with internationally known artists Chow Chian Chiu and wife Chow Leung Chen-Ying. No previous experience is required. A materials list is available at the Front Desk.

Mondays

•	,
Time	10:15 a.m12:15 p.m.
Location	Arts & Crafts Room
Instructor	Joyce Olivera
Session 1	January 14-February 16
Session 2	February 25-April 8
	(no class March 25)
Session 3	April 15-May 20
Member Fee	\$70
Non-Member Fee	\$80



Create customized, stylish jewelry ready for you and your friends to wear! Choose from a huge selection of hot colors, textures and unique beads to make one-of-a-kind pieces. Basic materials are included in the class fee.

Days	Tuesdays and Thursdays
Time	10:00 a.m1:00 p.m.
Location	Second Floor Lobby
Instructor	Judi Koslen
Session	Ongoing

\$10 per class







ART CLASS FOR SENIORS

Fee

Learn new painting techniques in this art class sponsored by the Active Seniors on the Key (A.S.K.) Club. Explore painting and mixed media, and learn about art history and master artists. Class fee includes materials and refreshments. Space is limited so register and pay in advance at the Front Desk to secure your spot.

Thursdays	Session 1	January 10-February 7
9:00 a.m12:00 noon	Session 2	February 14-March 14
Arts & Crafts Room	Session 3	March 21-April 25
Liz Portuondo		(no class March 28)
	9:00 a.m12:00 noon Arts & Crafts Room	9:00 a.m12:00 noon Session 2 Arts & Crafts Room Session 3

Member Fee \$50 Non-Member Fee \$60



COMPUTER CLASSES

Learn everything you need to know about your home computer from an experienced and patient instructor. Additional sessions may be offered if demand exists. Please inquire at the Front Desk. Students must register and pay for entire 4-week course.

Days Wednesdays
Time 10:00-11:00 a.m.
Location Computer Lab
Instructor Leo Quintana
(Bilingual instructor)

Fee \$20 per 4-week session

Basic Computer Applications

Explore the different features, learn how to perform basic troubleshooting; familiarize yourself with e-mail and the internet.

Session January 9-30

iPhone/Tablet Class

In this class you will learn everything you need to know about your iPhone and tablet. Explore all the different features, text messaging, basic troubleshooting and learn to use FaceTime.

Session February 6-27

SPECIAL INTERESTS

Positive Psychology Course

This course is based on the teachings of Dr. Tal Ben-Shahar, professor of one of the largest classes in the history of Harvard University: Positive Psychology: The Science of Happiness. You will learn how to use scientifically proven Positive Psychology tools to bring more happiness and positivity into your life. You will learn how to appreciate more, enjoy the present, implement new habits, elevate your self-esteem, learn your strengths, prioritize relationships, practice the power of gratitude, increase positivity, live a life with purpose, simplify, remember the mind-body connection and create real transformation in your life. For more information, contact Alexandra at AlexaMan@yahoo.com or 786-780-8690.

DaysTuesdaysTime12:00-2:00 p.m.LocationAdult LoungeInstructorAlexandra Manrique

Session 1 January 15-February 5
Session 2 February 12-March 5

Member Fee\$175/session or \$50/classNon-Member Fee\$210/session or \$60/class



SENIOR TRANSPORTATION PROGRAM

The Village of Key Biscayne offers free, local island transportation to pre-registered senior residents of Key Biscayne. Seniors must be 60 years of age or older, full- or part-time residents of Key Biscayne and preregistered with Roxy Lohuis-Tejeda, Senior and Adult Programs Coordinator. Exceptions will be made for home health aides, nurses and other qualified personnel caring and assisting the registered user. This service is provided on Tuesdays, Wednesdays and Thursdays between 9:00 a.m. and 3:00 p.m. All passengers must be ready and waiting for pick up. The driver will wait only five minutes. Please call 305-365-8953 for more information or to make a reservation.

PERFORMING & CREATIVE ARTS

Flamenco for Adults

Furia Flamenca is the leading dance studio in Miami offering a unique curriculum specially designed for flamenco dance at the Key Biscayne Community Center. Together with some of the best flamenco dance teachers from Spain, Furia Flamenca has created a full educational program that will make you fall in love with this unique dance form. For more information, contact Ana Hidalgo at Info@FuriaFlamenca.com.

Days Tuesdays

Time 11:00 a.m.-12:00 noon

Days Thursdays
Time 7:00-8:00 p.m.

Location Island Room/Aerobics Room

Instructor Furia Flamenca

Session 1 January 8-February 28
Session 2 March 5-May 2

March 5-May 2

(no class March 26 or 28)
Session 2 May 7-30 (pro-rated)

Member Fee \$170 Non-Member Fee \$204

Ladies' Andante Vocal Group

The choir includes vocal technique and works with simple 2- and 3-voice musical arrangements with a varied repertoire such as classical, rock and popular music in different languages, including Latin American folk music. No auditions are required. For more information, please call Angeles Padilla at 305-342-4162 or Florencia Badino-Zichy at 786-395-0485.

DaysWednesdaysTime8:00-9:30 p.m.LocationIsland Room

Instructor Florencia Badino & Angeles Padilla

Session 1 January 16-February 27
Session 2 March 6-April 24
(no class March 27)

Session 3 May 1-June 5 (pro-rated)

Member Fee \$175 Non-Member Fee \$210

Essentials of Creative Writing

Whether you are just beginning to write or polishing your next piece for publication, this class will help you advance your skills as a writer and storyteller. Through weekly lectures, readings, and opportunities to share your work in a supportive environment, you will begin to hone your craft, learning how to create compelling characters, snappy dialogue, and satisfying story structures that will keep your reader fascinated from the first word to the last.

DaysMondaysTime9:30-11:00 a.m.LocationIsland RoomInstructorKathie Klarreich

Session January 21-March 11

Member Fee \$40 Non-Member Fee \$48







Non-Refundable Trip (NRT)

These trips require the advanced purchase of tickets. Full payment is due at time of registration and cannot be credited or refunded unless a replacement from the waiting list is available. Tickets are transferable.

Evening Trips Drop-Off Service

For trips that take place in the evening, transportation directly to your home at the end of the night is available at no extra charge. Please call 305-365-8953 to make arrangements.

TRIPS AND TOURS

The NightGarden at Fairchild

This winter Fairchild Tropical Botanic Garden transforms into an enchanted, illuminated experience full of fantasy and wonderment. Experience this inaugural year event and marvel at unbelievable live effects such as holographic butterflies and floating orchids throughout multiple acres of dazzling magic. Topping the experience is a delightful selection from some of Miami's best restaurants.

Registration Deadline: Friday, December 28

Date Thursday, January 3

Time 4:45 pm
Fee \$33 (NRT)

Miami City Ballet's Program II: Dances at a Gathering

Program Two set to the ultra-romantic piano music of Chopin, is a celebration of dance, athleticism, grace and sheer joy. Simply sit back, relax and enjoy the pure beauty in choreographer Jerome Robbins' tribute to dancing and to dancers, followed by his clever, whirling, high-octane collaboration with Twyla Tharp.

Registration Deadline: Friday, December 28

Date Friday, January 11
Time 6:30 pm

Fee TBA (NRT)

Downton Abbey: The Exhibition at CityPlace West Palm Beach

Experience the history, the fashion, the house! On its second leg of a national tour, *Downton Abbey: The Exhibition*, based on the beloved television show, transports you to post-Edwardian England, where the characters and the iconic house come to life. You'll be immersed in the fascinating social history, culture, and some of the most memorable moments from the show's six-season run.

Registration Deadline: Friday, January 11

Date Friday, January 18
Time 9:00 a.m.

Fee \$35 (NRT)

Day at PAMM

Spend the day at the Perez Art Museum Miami touring its many galleries and exhibitions, including *Christo and Jeanne-Claude: Surrounded Islands, Biscayne Bay, Greater Miami, Florida, 1980–83* | *A Documentary Exhibition,* showcasing the renowned artists' 1983 installation in Biscayne Bay.

Registration Deadline: Friday, January 25

Date Friday, February 1
Time 10:45 a.m.

Fee \$17

Worth Avenue

The Worth Avenue experience has been treasured for half a century by visitors the world over. Take advantage of this opportunity to shop the more than 250 merchants, boutiques and specialty stores.

Registration Deadline: Friday, February 1

DateFriday, February 8Time9:30 a.m.

Fee \$5

Key West Overnight Trip

Come with us as we visit Key West, Florida's southernmost subtropical paradise. Enjoy a host of historic attractions, gaze at centuries-old treasure, and become part of the sunset celebration held each evening at Mallory Square.

Registration Deadline: Friday, February 8

Dates Thursday, Feb. 21 to Friday, Feb. 22

Time 10:00 a.m.

Fee TBA (NRT)

De la Cruz Collection and Lunch

Visit the De la Cruz Collection in the Design District, an extension of Key Biscayne collectors Rosa and Carlos de la Cruz's home where, for over 30 years, they have shared with the public their passion for art, collecting and education. The Collection provides annual exhibitions with a focus on contemporary art. Lunch is included.

Registration Deadline: Friday, February 22

Dates Friday, March 1
Time 10:00 a.m.
Fee TBA (NRT)

Homestead Day Trip

Taste the tropics and enjoy the simple pleasures of the seasonal bounty as we visit such Redland's staples as Robert Is Here, Knaus Berry Farm, RF Orchids and Cauley Square.

Registration Deadline: Friday, March 1

DateFriday, March 8Time9:30 a.m.

Fee \$5

Breakers Hotel Tour & Lunch

Join us on a special tour of the historic Breakers Hotel conducted by the knowledgeable staff of the Flagler Museum. Explore the hotel's history and the architectural precedents of its impressive public rooms. Lunch at Serenity Garden Tea House before the tour is not included in the trip fee.

Registration Deadline: Friday, March 8

Date Tuesday, March 19
Time 10:00 a.m.

Fee \$20

Shen Yun Symphony Orchestra at Broward Center

Shen Yun, the world's premier classical dance company, invites you to travel back to the magical world of ancient China. Experience a lost culture through the breathtaking art of classical Chinese dance, and see legends come to life. Shen Yun pushes the boundaries of the performing arts with a unique blend of colorful costuming, high-tech backdrops, and live orchestra.

Registration Deadline: Friday, April 5

Date Thursday, April 18 Time 5:30 p.m.

Fee TBA (NRT)

Day at Palm Beach Outlets

Spend the day at Palm Beach Outlets, Palm Beach County's first outlet center, featuring over 100 stores including brand favorites Saks Fifth Avenue OFF 5TH, Banana Republic Factory Store, Kenneth Cole, Nike and White Housel Black Market.

Registration Deadline: Friday, April 19

DateFriday, April 26Time9:30 a.m.

Fee \$5

Miami Military Museum and Memorial

The new Miami Military Museum and Memorial is dedicated to saving and interpreting the rich military heritage of South Florida and honoring military service, sacrifice, and accomplishment, and its importance to our community, to Florida, and the nation. It presents the history of WWII in South Florida, including the heroic clandestine military activities of the Cuban Exile community of anti-Castro freedom fighters during the Cold War. It also examines Vietnam, Desert Storm, Iraq and Afghanistan today, with a focus on Florida and especially Miami-Dade County.

Registration Deadline: Friday, May 3

DateFriday, May 10Time9:30 a.m.

Fee \$5

Festival Flea Market on Sample

Join us as we head out to this one-of-a-kind, multimerchant marketplace filled with a diverse selection of merchandise ranging from the ordinary to the extraordinary...and all in air-conditioned comfort.

Registration Deadline: Friday, May 17

Date Friday, May 24 Time 9:30 am

Fee \$5

Come From Away at Arsht Center

Broadway's *Come From Away* is a Best Musical winner all across North America! *The New York Times* Critics> Pick takes you into the heart of the remarkable true story of 7,000 stranded passengers and the small town in Newfoundland that welcomed them. Cultures clashed and nerves ran high, but uneasiness turned into trust, music soared into the night and gratitude grew into enduring friendships. Don't miss this breathtaking new musical that's guaranteed to take you to a place you never want to leave. On 9/11, the world stopped. On 9/12, their stories moved us all.

Registration Deadline: Friday, May 31

Date Wednesday, June 19

Time 6:30 p.m.

Fee \$80









50+ Corner - Adult & Senior Programs









ONGOING PROGRAMS

A.S.K. Book Club

Join your friends and neighbors for a literary afternoon at the Active Seniors on the Key (A.S.K.) Book Club featuring good books, good discussions and good people. Please bring your own lunch. Coffee will be served.

Days Mondays

Dates January 7, February 4,

March 4, April 8 & May 6

Time 12:30 p.m.
Location Lighthouse Lounge
Facilitator Katherine Vale

Fee Free

Men's Support Group

An ongoing, safe and confidential group for men to discuss challenges and gain feedback and support from each other. Topics of discussion will include: building a new circle of friends; personal growth; stress and anxiety management; self-esteem; and relationships with family, friends and significant others.

Days

Dates

January 9 & 23
February 6 & 20
March 6 & 20
April 3 & 17
May 1, 15 & 29

Time

7:30 p.m.

Location

Lighthouse Lounge

Facilitator

Wednesdays

Wednesdays

Facilitator

Fee Free

Movie Lovers' Cinema

Join us for a free viewing of recently released films every week. To submit movie suggestions, please contact 305-365-8953. Register at the Front Desk to secure your spot.

DaysEvery Thursday at 1:30 p.m.DaysEvery Friday at 12:00 noonLocationLighthouse Room

Fee Free

Key Biscayne Domino Club

Join your friends and neighbors for a friendly game of dominos... *y una tacita de café*.

Days Mondays, Wednesdays & Fridays

Time 2:00-6:00 p.m.
Location Adult Lounge

Fee Free

Mah Jongg

Interested in learning and/or playing Mah Jongg? Join this fun group of beginner and experienced players. Complimentary refreshments will be provided.

DaysTuesdaysTime1:00-4:00 p.m.LocationLighthouse Room

Fee Free

Afternoon Canasta

Join your friends and neighbors for a fun afternoon playing canasta. No previous knowledge of the game is required. Complimentary refreshments will be provided.

DaysWednesdaysTime3:30-6:00 p.m.LocationLighthouse Lounge

Fee Free

Bingo Mania at KBCC

Enjoy an afternoon of games, fun and great prizes.

A minimum of 6 games will be played with a winner-takes-all final round.

Days Thursdays
Location Adult Lounge

Dates January 10, February 14, March 14,

April 11 & May 9

Time 3:30 p.m. (following the movie

matinee)

Dates January 24, February 28, March 28,

April 25 & May 23

Time 11:30 a.m. (light lunch will be

served)

Fee \$2 per card

50+ Corner - Adult & Senior Programs

SHINE at KBCC

Medicare advice is now available to Key Biscayne residents thanks to the Alliance for Aging's SHINE program. Every month A.S.K. Club volunteers trained by the SHINE program will provide free, unbiased and confidential health insurance counseling to empower residents to make informed healthcare choices. For appointments, please call 305-671-6356.

Days Tuesdays

Dates January 15, February 19, March 19,

April 16 & May 21

Time 10:00 a.m.-12:00 noon

Location Computer Lab

Fee Free

The "Crafty Needle" Sewing Group

Put your crafty hands to work! Join this group of busy bees as they make Fidget Blankets and Aprons for those suffering from Alzheimer's disease. These lap blankets help focus attention, stimulate senses and memory and exercise hand muscles. Sewing experience is not necessary.

DaysWednesdaysDatesOngoingTime12:30 p.m.LocationLighthouse Room

Fee Free

Brain Fitness with Brain HQ

This brain fitness program will help you think faster, focus better and remember more. BrainHQ is an online braintraining program designed by an international team of neuro-scientists after 30 years of research in neurological science and related medicine. Pre-registration at the Front Desk is required.

Days Mondays and Tuesdays
Time 1:00-2:00 p.m.
Location Computer Lab
Instructor Brain HQ Instructor

Session 1 January 7-February 26
Session 2 March 4-April 23
Session 3 April 29-June 18

Fee Free







Mind & Melody Music Program

Join this fun, therapeutic and educational music program, shown to provide social, physical and cognitive stimulation. Designed for individuals with or without musical training, the program consists of fun music theory lessons, performances, playing and creating original music! Young musicians from the community come together to teach interactive music sessions. All instruments and materials are provided to participants. Pre-registration is required for this free 5-week program.

Days Mondays
Time 11:30 a.m.-12:30 p.m.
Location Lighthouse Room
Instructor Mind & Melody, Inc.
Session 1 January 7-February 25

Session 2 March 4-April 22 Session 3 April 29-June 17

Fee Free



50+ Corner – Adult & Senior Programs







SPECIAL EVENTS

Lunch & Learn

This educational and entertaining lunch-time seminar features speakers covering a wide range of relevant topics. Following the program, a light lunch will be served in order to give residents time to reflect and discuss the topic. Pre-registration at the Front Desk is required.

Days First Thursdays

Dates January 3, February 7, March 7,

April 4 & May 2

Time 11:30 a.m.
Location Adult Lounge

Fee Free

A.S.K. Club Lunch

The Active Seniors on the Key (A.S.K.) Club invites all Islanders to a monthly luncheon featuring guest speakers and fun activities with your friends and neighbors. This event is generously sponsored by the Key Biscayne Community Foundation and the Village of Key Biscayne. Please register in advance at the Front Desk to secure your spot and confirm location/cost of event.

Days Thursdays

Dates Jan. 10 at Biscayne Nature Center

February 14 at Lighthouse Café
March 14 at Beach Park

April 11 at KBCC - Spring Fashion Show

May 9 at KBCC - Spring Finale

Location Varies
Time 12:00 noon

Fee TBA

Lunch with an Author

Join us for lunch with a different author as they discuss their latest works and sign copies of their books. This event is generously sponsored by the Village of Key Biscayne. Please register in advance at the Front Desk to secure your spot.

Days Thursdays

Dates January 17, February 21, March 21,

April 18 & May 16

Location Island Room Time 12:00 noon

Fee Free

AARP Driver Safety Program

Take the 6-hour classroom refresher course specially designed for drivers age 55 and over and qualify for auto insurance discounts. Please register in advance to secure your spot.

Date Friday, March 1
Time 9:00 a.m.-3:00 p.m.
Location Computer Lab

Fee \$15 for AARP Members

\$20 for AARP Non-Members

FLORIDA LICENSING ON WHEELS BY APPOINTMENT ONLY!

A team of driver's license representatives will be on hand to renew or issue replacements or duplicates of your driver's license and vehicle registration, issue new or replacement identification cards, complete out-of-state driver's license transfers and provide handicap decals. Call 305-365-8953 for appointments and information on needed documentation. Note: Renewals of driver's licenses can be completed up to 18 months in advance of the expiration date.

Days Dates Tuesdays Jan. 8, Feb. 12, March 12, April 9

& May 14

Time By Appointment Only Location 2nd Floor Lobby





50+ Corner - Adult & Senior Programs

Osher Lifelong Learning Institute at the KBCC

Take the next step on your journey through lifelong learning and join us for a new series of courses and lectures presented by the University of Miami's Osher Lifelong Learning Institute (OLLI). You will enjoy an extensive variety of programs in a relaxed and convenient learning environment, especially designed for those over the age of 50 who share a common understanding that life should be filled with continual intellectual growth and exploration. To learn more about OLLI at the University of Miami, please visit www.Miami.edu/Osher

Lectures - Free & Open to the Public

- January 23 at 7:00 p.m.
- February 27 at 7:00 p.m.
- March 27 at 7:00 p.m.
- April 10 at 10:00 a.m.
- O April 24 at 7:00 p.m.
- May 22 at 7:00 p.m.

4-week Classes - Registration Required

- February 5-26 from 10:00-11:30 a.m.
- March 5-26 from 10:00-11:30 a.m.

For more information about the lecture and class topics that will be offered at the KBCC, please visit www.Activelslander.org





Boxing Program for Key Residents Fighting Parkinson's Disease

Rock Steady Boxing is a non-contact boxing-style fitness program that improves mobility, balance, strength and the quality-of-life of people fighting Parkinson's disease. Rock Steady classes have proven that anyone, at any level of Parkinson's, can actually lessen their symptoms and lead a healthier and happier life. This program is free of charge for Key Biscayne residents with a Parkinson's diagnosis. Must register before attending first class by contacting Roxy Lohuis-Tejeda at RLohuis@keybiscayne.fl.gov or 305-365-8953.

Days Mondays and Wednesdays

Time 12:00-1:00 p.m.
Location 0asis Room

Instructor Rock Steady Boxing Instructor

Session Ongoing beginning January 7

Fee Free for KB Residents

Special Events/Important Dates

COMMUNITY CENTER HOLIDAY HOURS & CLOSURES

Christmas Eve

Date Monday, December 24
Hours 8:00 a.m.-2:00 p.m.

Christmas Day

Date Tuesday, December 25

Hours CLOSED

New Year's Eve

Date Monday, December 31 8:00 a.m.-2:00 p.m.

New Year's Day

Date Tuesday, January 1

Hours CLOSED

Dr. Martin Luther King, Jr. Holiday

DateMonday, January 21Hours8:00 a.m.-8:00 p.m.

Presidents' Day Holiday

DateMonday, February 18Hours8:00 a.m.-8:00 p.m.

Memorial Day Holiday

 Date
 Monday, May 27

 Hours
 8:00 a.m.-8:00 p.m.

ANNUAL HEALTH& SERVICES FAIR

Our Annual Health Fair is back! Join us for a day of screenings, informative presentations, useful information, speaker luncheon, givea-ways and much more! Register in advance at the Front Desk to secure your spot for the free luncheon. Contact Roxy Lohuis-Tejeda at 305-365-8953.

DateThursday, Jan. 31Time10:00 a.m.-1:00 p.m.Location2nd Floor



Winterfest Eve

DateSaturday, December 1Time6:00-10:00 p.m.LocationVillage Green

Winterfest

DateSunday, December 2Time4:00-7:30 p.m.LocationVillage Green

Winterfest Boat Parade

Date Saturday, December 8
Time 6:00-8:30 p.m.
Location "No Name Harbor" in
Bill Baggs Cape Florida

State Park

Movies on the Green

Date Friday, December 7
Time 7:00 p.m.
Location Village Green

Movies on the Green

Date Friday, January 25
Time 7:00 p.m.
Location Village Green

29th Annual Easter Egg Hunt

DateSaturday, April 13Time9:30 a.m. (sharp)LocationVillage Green

VILLAGE OF KEY BISCAYNE COMMUNITY CENTER

ACTIVE



Village of Key Biscayne
Parks and Recreation Department
10 Village Green Way

Key Biscayne, Florida 33149 Telephone: 305-365-8900

Visit us often for updates and new information at www.ActiveIslander.org





